

RUTHERFORD COUNTY ELEMENTARY SCHOOLS MENU

**Week 1: Feb 28;
Mar 21; April 11;
May 2, 23**

**Week 2: Feb 14;
Mar 7, 28; April
18; May 9**

**Week 3: Feb 21;
Mar 14; April 4,
25; May 16**

MONDAY Breakfast Sausage Pizza	TUESDAY Chicken Biscuit	WEDNESDAY Nonfat Flavored Yogurt & Cheese Toast	THURSDAY Cinnamon French Toast Sticks	FRIDAY Sausage Pancake on a Stick
<p>BBQ BEEF BITES BAKED CHICKEN PATTY HAM & CHEESE WRAP CHEF SALAD PLATE</p> <p>Mashed Potatoes Steamed Green Beans Gala Apple Light Syrup Mixed Fruit</p> <p>Whole Grain Hamburger Bun or Whole Wheat Tortilla</p>	<p>TURKEY TACO STEAMED CHICKEN FAJITA CHICKEN SALAD HOAGIE CHEF SALAD PLATE</p> <p>Pinto Beans Steamed Corn Sliced Oranges Light Syrup Sliced Peaches</p> <p>Whole Grain Tostitos, Tortilla or Whole Grain Bun</p>	<p>SPAGHETTI W/ MEAT SAUCE GRILLED CHICKEN PATTY PEANUT BUTTER & JELLY CHEF SALAD PLATE</p> <p>Steamed Baby Carrots Steamed Spinach Whole Banana Light Syrup Diced Pears</p> <p>Whole Wheat Roll or Whole Grain Bread</p>	<p>BREAKFAST FOR LUNCH CHICKEN & CHEESE BISCUIT SAUSAGE & EGG BISCUIT TUNA SALAD WRAP CHEF SALAD PLATE</p> <p>Oven Baked Tri Tator Fresh Broccoli & Cauliflower Fresh Red or White Grapes Light Syrup Pineapple Tidbits</p> <p>Whole Grain Biscuit or Tortilla</p>	<p>REDUCED FAT CHEESE PIZZA CHICKEN NOODLE SOUP & GRILLED CHEESE TURKEY HOAGIE CHEF SALAD PLATE</p> <p>Corn on the Cob Tossed Garden Salad Fresh Pear Light Syrup Tropical Fruit</p> <p>Whole Grain Sandwich Bread or Whole Grain Hoagie Bun</p>
<p>Snack N Waffles</p> <p>TURKEY MINI CORN DOGS HAM/CHEESE POCKET YOGURT W/ LF STRING CHEESE CHEF SALAD PLATE</p> <p>Oven Baked French Fries Steamed Broccoli Spears Whole Pear Reduced Sugar Applesauce</p> <p>Whole Wheat Tortilla or Whole Grain Granola</p>	<p>Cherry or Apple Frudel</p> <p>BAKED CHICKEN NUGGETS BBQ SANDWICH HAM & CHEESE WRAP CHEF SALAD PLATE</p> <p>White Beans Steamed Corn Whole Banana Light Syrup Mixed Fruit</p> <p>Whole Wheat Roll or Whole Wheat Tortilla</p>	<p>Turkey Sausage Biscuit</p> <p>BAKED POPCORN CHICKEN TERIYAKI BEEF BITES PEANUT BUTTER & JELLY CHEF SALAD PLATE</p> <p>Steamed Oriental Vegetables Fresh Romaine Tossed Salad Golden Delicious Apple Light Syrup Tropical Fruit</p> <p>Brown Rice or Whole Grain Sandwich Bread</p>	<p>Ham & Cheese English Muffin</p> <p>HAMBURGER W/ CHEESE TURKEY HOT DOG TUNA WRAP CHEF SALAD PLATE</p> <p>Oven Baked Potato Smiles Baked Beans Fresh Red Plums Light Syrup Sliced Peaches</p> <p>Whole Grain Hamburger or Hot Dog Bun or Whole Wheat Tortilla</p>	<p>Chicken Biscuit</p> <p>BAKED FISH STICKS OVEN ROASTED CHICKEN TURKEY HOAGIE CHEF SALAD PLATE</p> <p>Fresh Baked Sweet Potato Steamed Green Beans Tangerine Wedges Light Syrup Diced Pears</p> <p>Whole Grain Macaroni & Cheese or Whole Grain Hoagie Bun</p>
<p>Chicken Biscuit</p> <p>WG TURKEY PEPPERONI OR CHEESE FLATBREAD WG CHILI CHEESE QUESADILLA HAM & CHEESE WRAP CHEF SALAD PLATE</p> <p>Steamed Corn on the Cob Steamed Spinach Golden Delicious Apple Frozen Blueberries</p> <p>Whole Wheat Tortilla</p>	<p>Pancakes</p> <p>BAKED CHICKEN TENDERS SALISBURY STEAK CHICKEN SALAD HOAGIE CHEF SALAD PLATE</p> <p>Mashed Potatoes Pinto Beans Whole Banana Light Syrup Pineapple Chunks</p> <p>Whole Wheat Roll or Whole Grain Hoagie Bun</p>	<p>Canadian Turkey Ham Biscuit</p> <p>LASAGNA CHICKEN PARMESAN PEANUT BUTTER & JELLY CHEF SALAD PLATE</p> <p>Fresh Romaine Tossed Salad Green Peas Cantaloupe Slices 100% Grape Fruit Juice</p> <p>Whole Grain Breadstick or Whole Grain Sandwich Bread</p>	<p>Turkey Sausage Bagel</p> <p>CHILI & GRILLED CHEESE MEATLOAF TUNA WRAP CHEF SALAD PLATE</p> <p>Steamed Fresh Baby Carrots Fresh Baked Potato Fresh Pear Light Syrup Fruit Mix</p> <p>Whole Grain Bread or Whole Wheat Roll</p>	<p>Whole Grain Mini Cinnis</p> <p>SLOPPY JOE SANDWICH GRILLED CHICKEN SANDWICH TURKEY HOAGIE CHEF SALAD PLATE</p> <p>Oven Baked French Fries Steamed Green Beans Sliced Oranges Reduced Sugar Applesauce</p> <p>Whole Grain Hamburger Bun or Whole Grain Hoagie Bun</p>

**** Menu subject to change based on product availability. This institution is an equal opportunity provider.**

ELEMENTARY MENU PRICES	
Student Breakfast	\$1.25
Adult Breakfast	\$1.50
Visitor Breakfast	\$2.00
Student Lunch	\$2.00
Adult Lunch	\$2.75
Holiday Visitor Lunch	\$4.00
Child Visitor Lunch	\$2.75



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Offered with Breakfast: 1/2 pint milk, 4 oz Fruit, 100% Fruit Juice or Vegetable Milk Varieties Offered Daily: Skim, 1% Chocolate, 1% Strawberry, Sweet Acidophilus, A/B Plus

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